















Spring Summer Menu 23 – Week One



V15523

10th April, 1st May, 22nd May, 12th June, 3rd July, 24th July, 14th Aug, 4th Sept, 25th Sept, 16th Oct

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cheese & Tomato Pizza, Jacket Potato Wedges 	Italian Chicken & Mixed Rice 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Sausage Pasta Bake	Fish Fingers & Chips
VEGETARIAN	Jacket Wedges with Baked Beans & Cheese 	Beany Tomato Ragu & Fluffy Cous Cous 	Vegetable Sausage, Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake 	Cheesy Pea Pasta
VEGETABLES	Mixed Vegetables 	Garden Peas Carrots 	Cauliflower Seasonal Greens 	Green Beans Sweetcorn 	Baked Beans Peas 
WRAPS & JACKETS	Freshly Made Wrap with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato Tuna & Mayonnaise, Grated Cheese, Baked Beans				
DESSERT	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream 	Vanilla Blondie 	Strawberry Muffin/ Traybake












Available Daily: Pick & Mix Selection, Salad, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Our desserts meet Public Health England's target for 'free sugar' intake for your child.	Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.
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Spring Summer Menu 23 – Week Two



17th April, 8th May, 29th May, 19th June, 10th July, 31st July, 21st Aug, 11th sept, 2nd Oct, 23rd Oct

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Rainbow Pizza, Herby Diced Potatoes 	Chicken & Sweetcorn Meatballs, Tomato Sauce & Pasta	Pork Sausage, Roast Potatoes, Stuffing & Gravy	Beef Chilli & Mixed Rice 	Battered Fish & Chips
VEGETARIAN	Jacket Wedges with Baked Beans & Cheese 	Veggie Burger & Potato Wedges	Vegetable Sausage, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges	Margherita Macaroni 
VEGETABLES	Sweetcorn, Peas 	Green Beans Cauliflower 	Carrots Savoy Cabbage 	Mixed Vegetables 	Baked Beans Peas 
WRAPS & JACKETS	Freshly Made Wrap with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese, Baked Beans				
DESSERT	Flapjack Finger	Chocolate & Banana Muffin 	Jelly & Mandarins 	Jam Spong & Custard	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 












Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer Menu 23 – Week Three



3rd April, 24th April, 15th May, 5th June, 26th June, 17th July, 7th Aug, 28th Aug, 18th Sept, 9th Oct

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cheese & Tomato Pizza & Herby Diced Potatoes 	Pork Hot Dog & Baked Potato Wedges	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Spaghetti Bolognese 	Fish Fingers & Chips
VEGETARIAN	Jacket Wedges with Baked Beans & Cheese 	Veggie Mince Pasta Bake 	Vegetable Sausage, Roast Potatoes, Stuffing & Gravy	Cheese & Onion Quiche & Diced Potatoes	Macaroni Cheese
VEGETABLES	Mixed Vegetables 	Peas, Sweetcorn 	Spring Greens Cauliflower 	Green Beans Carrots 	Baked Beans Garden Peas 
WRAPS & JACKETS	Freshly Made Wrap with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese, Baked Beans				
DESSERT	Chocolate Shortbread Biscuit	Fruity Flapjack 	Oat Crunch Biscuit	Lemon Drizzle Cake & Custard 	Chocolate Cornflake Cake

Available Daily: Pick & Mix Selection, Salad, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Our desserts meet Public Health England's target for 'free sugar' intake for your child.	Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.
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